UF COM Gainesville Faculty Council Meeting April 7, 2020 5-6 p.m.

Zoom https://uflphi.zoom.us/j/339034047

Call to Order/Welcome: Emily Weber LeBrun, M.D., Faculty Council President

- Introduce new representatives
- Review and approval of Feb minutes

Linkage Report/ Intro for Chair Evals: the Linkage team

Reports:

- President's report and Executive Committee report Emily Weber LeBrun, M.D.
 - Searches, Faculty Lounge, teaching evals
- Elections: Faculty Senate & Faculty Council/ Faculty Council officers (Cibula)

New Business

COVID-19/ SARS-CoV-2

Adjournment

Dr. Merlo-Green has created a list of childcare providers and free resources to help us navigate this challenging time while maintaining our own well-being. It can be found here:

https://wellness.med.ufl.edu/2020/03/18/resources-to-promote-well-being-during-covid-19-outbreak/

https://bridge.ufhealth.org/response/2020/03/27/3-27-20-expanded-mental-health-and-wellness-services/

In order to access mental health services please call the UF Health Staff Telepsych Services center between 8:30 a.m. and 7 p.m. (7 days per week) at 352-265-5459 or email c19peersupport@shands.ufl.edu [please provide your name, contact number, and best time(s) to receive a call back].

You may also have noticed that the CTSI has introduced a daily peer support group for researchers. Here is the information about that resource:

- CTSI Clinical Research Professional Connections "Zoom Room" Peer Support: Daily (M-F 10am-11am)
 "open house" for researchers to give/receive encouragement and support: https://uflphi.zoom.us/my/clinicalresearchprofessionalconnections
 - o Meeting ID: 478 622 6652
 - o Password: 047161

Childcare options for those who in need:

- **UF Medical Students** have made themselves available to help with childcare, pet-sitting, helping patients set up telemedicine visits in their homes, grocery shopping, etc. You can check their availability here: https://docs.google.com/spreadsheets/d/15HXCBgVMPBsMLkbs8mp1tL26HlLLMZieH5hqmFr0sc0/edit?fbclid=lwAR3G4TRtCgYnCfkTNVJzuofTRUqf3lW9ui6a5oYOdDKOoqFYOg8rkpS-HCk#gid=0
- Bouncers Indoor Playground has just opened a school-age day camp (8am to 5pm) to support health
 professionals looking for childcare solutions. First-come first-served. Sign up
 here: https://e64i04jf.pages.infusionsoft.net/
- **Twinkle Toes Nanny Agency** has nannies and baby-sitters available and is giving priority to health professionals. You can contact the owner, Kristy Bickmeyer, at kristy@twinkletoesnanny.com to make

arrangements.

- Care@Work via Care.com provides access to nannies and baby-sitters with free access for UFCOM faculty & residents: https://facultyaffairs.med.ufl.edu/benefits/care-com/
- Bambino Sitters has nannies and baby-sitters available and is waiving booking charges: https://www.bambinositters.com/
- Nanny Poppinz Nanny Agency requires no upfront fees or application: https://www.nannypoppinz.com/agency/nanny-childcare-gainesville-ocala-florida.html
- Sitter City offers baby-sitting services: https://www.sittercity.com/

Other Resources: Included at https://wellness.med.ufl.edu/2020/03/18/resources-to-promote-well-being-during-covid-19-outbreak/ are resources to assist with:

- Online exercise class options
- Obtaining food
- Meditation resources
- Online religious services
- Resources for individuals in recovery
- Mental health resources
- Ideas for virtual socializing
- Ways to stay entertained at home
- Resources for Parents
 - Childcare options
 - Tips for working at home with kids
 - o Google classroom instruction guide
 - Online lessons/activities to keep kids busy

Announcements:

Check out the Faculty Council webpage for links to resources in the community for wellness and practical tips https://facultycouncil.med.ufl.edu/.

- Call to artists for Faculty Lounge: check your inboxes
- All faculty are welcome to attend any Faculty Council meetings
- Check out the Faculty Lounge in M-125. It's a place to meet colleagues, a place to roost between meetings and a quiet place to work. Yes, you can physically distance in the lounge.
- To schedule an appointment with the UFCOM Ombudsman for faculty, Dr. Keith Stone, email your request to stonek@ufl.edu, and simply include your name and contact information. To maintain confidentiality, use email only to schedule appointments.